Major highlights of the month:
PVR CINEMAS
VVIP STYLE MALL, RAJNAGAR EXTENTION, GHAZIBAD, UP

RECENT BEST PROJECTS

1. ZINNOV MANAGEMENT CONSULTING (P) LTD.
2. SIGMA FREUDENBERG NOK PVT. LTD
3. SAVE INCLUSION GROWTH PROSPERITY
4. ROI HOTELS INDIA

ONGOING PROJECTS

1. CONVERGE ELECTRONICS
2. PVR CINEMAS (KARNAL)
3. TRANZLEASE HOLDINGS
4. ROI HOTELS INDIA
ABOUT AIHP

AIHP is a one stop shop for the conceptualization, creation, implementation and management of world-class workplace environments. Our concept is unique; we are the first to offer corporate office space as a product rather than a group of outsourced services.

For our customers the age old business challenge of expanding, relocating or starting an office is reduced to answering a few short questions on basic business requirements. Sixty days later our customers plug in their laptops and start working, without the worry of ever having to change a light bulb!

Our backward integrated model is the foundation of our product. We are the largest corporate landlords in Gurugram, with over a million square feet of commercial real estate. Our in house specialized teams provide the end-to-end product delivery which includes conceptualization, design, architecture, manufacturing of furniture, office fit-outs, incubation, workplace management and hospitality.

VISION

To be India’s first corporate landlord, backward integrated company and preferred corporate brand for end to end conceptualization, creation, and management of world class workplace environment.

MISSION

To contribute to the needs of corporate customers for work space. To be reliable and transparent in all our relationships with clients, employees and business partners.

VALUES

Customer delight through ethical and professional service. Operational efficiency and excellence through creativity. Unyielding integrity in everything we do.
CONTENTS

1. EDITOR’S NOTE  ................................................................. 1
2. BEST RECENT PROJECT: PVR CINEMAS .............................. 2
3. CHANGING JOB SCENARIO  ............................................. 3-6
4. ENERGY CONSERVATION .................................................. 7
5. NEWS  .............................................................................. 8
6. BIRTHDAY CELEBS ......................................................... 9
7. HAPPY BEGINNINGS ....................................................... 10-11
8. HUMOUR SECTION ......................................................... 12
9. EDITORIAL TEAM .......................................................... 13
The Healthy You

He who has health has hope; and he who has hope has everything.

The World Health Day is a global health awareness day celebrated every year on 7 April, under the sponsorship of the World Health Organization (WHO), Health is a state of complete physical, mental and social wellbeing, and not merely the absence of disease or infirmity. Living a healthy lifestyle doesn’t mean hours of training at the gym and eating only salad leaves. It’s about making easy-to-manage healthy choices in your day-to-day living. Says Dr Craig Nossel, head of Wellness at Discovery Vitality: “The trick to making your lifestyle healthier is to make small healthy changes every day, such as taking the stairs instead of the lifts, increasing your fruit by one, drinking one extra glass of water or quitting smoking.”

Planning goes a long way in incorporating healthy habits into your everyday life. Healthy involves more than eating an occasional salad or going for a short walk once every few weeks, but while you will need to put in some effort, your health is well worth it. To live a healthy lifestyle, consistently choose healthy foods, fit more exercise and physical activity into your daily routine, and practice good hygiene and meditation. You will also need to avoid unhealthy habits, like fad dieting and neglecting sleep. Making lifestyle improvements may require some gradual adjustment, but improved health is readily accessible once you commit to it.

I believe that the greatest gift you can give your family and the world is a healthy you.” – Joyce Meyer
AIHP recently finished their first multiplex project for PVR cinemas at VVIP Mall Rajnagar, Gaziabad. AIHP provided executive interior architecture services for the project. PVR Rajnagar is a 549-seater multiplex, with 3 screens.

Multiplex has several separate screens under one roof, which embodies the luxurious amenities of the modern day cinema—the multiple movie choices, ergonomic seating and eye-catching interiors.

The overall look and feel of the project is kept as “heritage” with use of materials like Italian marble flooring, alabaster, chandeliers and reflective brushed steel.
With the advent of March and April millions of school going children in India prepare to face their annual examinations. Most study in order to get a job. Until some years ago most would aspire to either be a doctor, engineer, teacher, architect or find a government job.

In a world where technology is at the forefront of our lives, it’s hard to imagine that many of the jobs that are available now did not exist 10-20 years ago; uber drivers, social media managers, app developers and even the job of an call center employee would have seemed an abstract concept!

As technology advances further, even more job positions will be created and others left behind, leaving it open to speculation as to what will come next. The kind of skills which were in huge demand yesterday might may not be in demand today and the kind of skills which are in high demand today might not be in demand tomorrow. Everything is changing and changing at a very fast pace.

It is almost impossible to predict the future, but digital agency AKQA and Mish Global have attempted the impossible and envisioned several potential jobs in the design and construction industry in 2030 following inspiration from several panels they attended at the World Economic Forum.

With the speed of changes over the last decade, they don’t seem too far from reality either.

Many of the jobs seem more like science fiction than reality, but a few are actually pretty grounded in where technology seems to be headed. “Superstructure printers” and “national identity conservationists” don’t seem so farfetched, for example. Trash-devouring worm-machine pilots?

Let’s hope they’re a bit further off than 2030. Some Examples are shared in the next few pages.
Landfill recycler

As technology allows countries to manufacture locally, this person salvages existing materials from landfills to be reused in new production. Inspired by the panel discussion “From Linear to Exponential Value Chains,” by Tarek Sultan Al Essa, Johan C. Aurik, Inga Beale, Dharmendra Pradhan, and Gisbert Rühl.

National identity conservationist

This worker scans important pieces of architecture, digitally preserving them. Inspired by “WPP Best Countries,” by Sir Martin Sorrell, Beh Swan Gin, Eric Gertler, Fulvio Pompeo, and Suresh Prabhu.
Think of it as a utility worker of the future. This person’s responsibility would be to expand the infrastructure of blockchain technology, giving people access to secure banking for the first time in remote areas of the world.

This government researcher evaluates new technology in order to decide whether it is appropriate for public use (let’s hope we don’t have to wait until 2030 for this job to become a reality). Inspired by “In Technology We Trust?” by Marc R. Benioff, Rachel Botsman, Dara Khosrowshahi, Sir Martin Sorrell, Ruth Porat, and Andrew R. Sorkin.

Remote robotic surgeon

Practical Methods of Energy Conservation

Below are 10 energy conservation techniques that can help you to reduce your overall carbon footprint and save money in the long run.

1. **Install CFL Lights:** Try replacing incandescent bulbs in your home with CFL bulbs. CFL bulbs cost more upfront but last 12 times longer than regular incandescent bulbs. CFL bulbs will not only save energy but over time you end up saving money.

2. **Lower the Room Temperature:** Even a slight decrease in room temperature lets say by only a degree or two, can result in big energy savings. The more the difference between indoor and outdoor temperature, the more energy it consumes to maintain room temperature. A more smarter and comfortable way of doing this is to buy a programmable thermostat.

3. **Fix Air Leaks:** Proper insulation will fix air leaks that could be costing you. During winter months, you could be letting out a lot of heat if you do not have a proper insulation. You can fix those leaks yourself or call an energy expert to do it for you.

4. **Use Maximum Daylight:** Turn off lights during the day and use daylight as much as possible. This will reduce the burden on the local power grid and save you good amount of money in the long run.

5. **Get Energy Audit Done:** Getting energy audit done by hiring an energy audit expert for your home is an energy conservation technique that can help you conserve energy and save good amount of money every month. Home energy audit is nothing but a process that helps you to identify areas in your home where it is losing energy and what steps you can take to overcome them. Implement the tips and suggestions given by those energy experts and you might see some drop in your monthly electricity bill.

6. **Use Energy Efficient Appliances:** When planning to buy some electrical appliances, prefer to buy one with Energy Star rating. Energy efficient appliances with Energy Star rating consume less energy and save you money. They might cost you more in the beginning but it is much more of an investment for you.

7. **Drive Less, Walk More and Carpooling:** Yet another energy conservation technique is to drive less and walk more. This will not only reduce your carbon footprint but will also keep you healthy as walking is a good exercise. If you go to office by car and many of your colleagues stay nearby, try doing carpooling with them. This will not only bring down your monthly bill you spend on fuel but will also make you socially more active.

8. **Switch Off Appliances when Not in Use:** Electrical appliances like coffee machine, idle printer, desktop computer keep on using electricity even when not in use. Just switch them off if you don’t need them immediately.

Dr. S.K. Gupta
Director (Corporate Affairs) – AIHP
This year’s Pritzker jury has selected Indian architect Balkrishna Doshi, often known as B.V. Doshi or Doshi, as the 2018 Pritzker Prize Laureate.

Doshi has been a practitioner of architecture for over 70 years. Previously, he had studied and worked with both Le Corbusier and Louis Kahn. Doshi spoetic architecture draws upon Eastern influences to create a body of work that “has touched lives of every socio-economic class across a broad spectrum of genres since the 1950s,” cites the jury.

Doshi is the first Indian architect to receive architecture’s highest honor.

Some of the prominent building designed by B.V doshi include—Sangath design studio Ahmedabad, NIFT Campus New Delhi, Hussain Doshi guffa CEPT Campus, Ahmedabad, IIM Bangalore, School of Architecture CEPT Ahmedabad, Aranya Low Cost Housing development in Indore.

“My works are an extension of my life, philosophy and dreams trying to create treasury of the architectural spirit. I owe this prestigious prize to my guru, Le Corbusier. His teachings led me to question identity and compelled me to discover new regionally adopted contemporary expression for a sustainable holistic habitat,” comments Doshi
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<th>S.N.O.</th>
<th>BIRTHDAYS IN APRIL</th>
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<tr>
<td>1</td>
<td>Nipun Mahajan</td>
<td>9th April</td>
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<td>(C.M.D)</td>
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<td>2</td>
<td>S. Kumar Pal</td>
<td>9th April</td>
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<td>3</td>
<td>Achhe Lal Tiwari</td>
<td>10th April</td>
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<td></td>
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<td>4</td>
<td>Anuj Kumar</td>
<td>11th April</td>
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<td></td>
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<td>5</td>
<td>Tanuj Sharma</td>
<td>11th April</td>
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<td>6</td>
<td>Vinod Kumar</td>
<td>26th April</td>
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HAPPY BEGINNINGS

DORSET INDUSTRY (P) LTD.
AIHP HORIZON, UDHYOG VIHAR PHASE V GURUGRAM

CAKE CUTTING CEREMONY

WORKSTATION AREA
GUARDIAN HEALTHCARE SERVICES (P) LTD.
VIPUL PLAZA, SUNCITY, SECTOR 54 GURUGRAM

KEY HANDOVER CEREMONY

CAKE CUTTING CEREMONY

KEY HANDOVER CEREMONY
These are very serious allegations I'm afraid. You've paid no tax for years.

Tax avoidance, tax evasion, avoiding your corporate responsibilities...

I'll do my best for you, but even your address looks dodgy.

I mean "North Pole"? The jury will be suspicious.

"Facebook friends don't count as credit references."